FROM THE PRINCIPAL

Dear Parents and Carers,

Thanks to Ms Bailey last Friday for working with K-6 on Balinese art. This allowed Ms Austin and I a fruitful day of data analysis and joint planning for 2015 school improvement as we attended our final day of Visible learning training.

Our school photos were retaken last Wednesday and we will forward these to parents as soon as they arrive at the school later this term.

Tomorrow sees Week 6 of our 8 week swimming program. This has been a wonderful undertaking by Ballina HS staff to organize the grant for this activity. Our children have certainly benefitted from the expertise of training offered by Francis Quinn and his staff. Included in this grant was some finance available for transport and we have a bus organized to return the children to school for the rest of the program starting tomorrow. This is only for RETURNING to school. Thank you so much to all the parents who have helped with transport for this very important program.

This is the 2nd last week of Active After School Sports. The final activity will be conducted next Wednesday. In 2015 the same grant is not available, but will take on a new form. The school is currently awaiting further information on how to apply for the new program.

The school has purchased the T shirts required for costumes for our end of year musical performance on Tuesday 16th December. Further information about costumes will be coming home shortly. This year we have a special guest, Mr Peter Campbell, our Director of Schools for the Richmond Valley, joining us to help give out awards and to be part of the audience for our musical.

Weather permitting (not too hot and not too cold), we will be holding our Fun Run on Tuesday afternoon this week as money is due in next week.

This week we will be continuing our work on Child Protection (please feel free to look at the lessons if you wish) - see Mrs Douglas.

This week we will be conducting various assessment activities, in preparation to write our end of term reports. Some pictures of the students using catalogues to calculate the cost of shopping items and change in last week’s Maths lessons, are included in this edition.

Stay cool and have a great week.

Dawn Douglas
Principal
ADIDAS SCHOOL FUN RUN
Reminder- Adidas Fun Run money and forms are due back to school by Monday 24th November. Money MUST be back by this date to ensure prizes can be sent out before the end of the year. Lauren Winfield

BOOK CLUB
Book Club orders and money due back this Wednesday, 19th November.

Our Days at the pool

WHAT IS ASTHMA?
Asthma is a condition of the airways. People with asthma have sensitive airways in their lungs which react to triggers that set off their asthma. This makes it harder for them to breathe.

Three main factors cause the airways to narrow:
- The inside lining of the airways becomes red and swollen (inflammation)
- Extra mucus (sticky fluid) may be produced, which can block up airways
- Muscles around the airways squeeze tight. This is called ‘bronchoconstriction.’

One in ten people in Australia has asthma - that's over two million people!

Asthma affects people of all ages. Some people get asthma when they are young; others when they are older.

What should I do if I think I have asthma?
If you suspect you might have asthma, you should see your doctor for a professional diagnosis. The good news is that most people can control their asthma with medications and lead a normal life. Once your asthma is well controlled you should experience only occasional symptoms, and asthma attacks (or flare-ups) should be rare.

COMMUNITY ANNOUNCEMENTS
Australian Youth Football Institute has partnered with Sports Camps Australia to provide 3 day soccer camp in the upcoming school holidays.
Being held at the Lennox Head Sport & Rec centre, Lake Ainsworth, this camp will be held in the school holidays from the 12th - 14th January, where players will be grouped according to age and ability.
Details for this camps and others can be found on our website www.sportscampsaustralia.com.au, where campers are also able to register.

Creating a backdrop

These advertisements are accepted in good faith and the school does not vet them. Parents are advised to request further information or credentials if they seek product use or participation in the activity.